



Balloon Fun

MOVE
PLAY &
LEARN

Age 2 years and older

Materials Balloons (*Safety note: put each balloon in pantyhose so that if it pops, the pieces will be contained and children cannot put them in their mouths.*)

Setting Wide-open space indoors or outdoors

Description Everyone works together to keep the balloon up in the air with their hands. Try not to let it touch the ground.

Learning Outcomes

Language and Literacy Toddlers listen to simple directions with understanding.

Movement Toddlers demonstrate balance and body coordination. They are developing the ability to change positions smoothly as they move.

Large Motor Skills Toddlers play actively in the indoor or outdoor setting.

Did You Know? SHAPE America recommends that toddlers should be given ample opportunities to develop movement skills that will serve as the building blocks for future motor skillfulness and physical activity. One type of fundamental motor skill is manipulative skills in which the child controls objects primarily with the hands or feet. Balloon Fun provides practice with visual tracking and eye-hand coordination, which will help toddlers with catching skills.

TODDLERS